



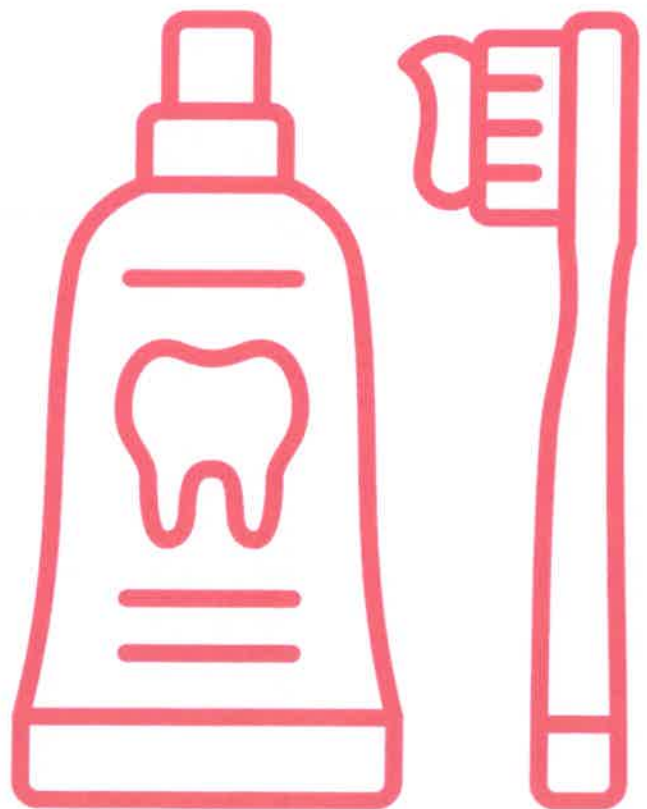
# Food staples:

- Applesauce cups or packets
- Packets of Oatmeal
- Meat Sticks
- Minute Rice
- Pasta
- Spaghetti sauce with meat
- Ramen Noodles
- Canned Carrots, Beans, or Peas
- Diced tomatoes (okay for now)
- Canned corn (okay for now)
- Pancake mix/ Bisquick
- Syrup
- Cereal
- Powdered Milk/ Shelf Stable Milk
- Water
- Canned beans (maybe okay for now)
- Non refrigerated produce: potatoes, apples, tangerines,
- onions, sweet potatoes
- Mac and Cheese
- Baby Formula
- Sun Butter/ Peanut Butter
- Oil
- Fish Oil
- Siracha
- Salt and Pepper
- Granola Bars



# household supplies

- Toothpaste
- Multit use cleaning supplies
- Paper Towels
- Soap
- Shampoo
- Tampons and Pads
- Diapers
- Toilet Paper
- Reusable bags



# Games, toys, and activities:

- Lego sets
- Coloring Books
- Puzzles (100 pieces or less)
- Play Doh
- Craft Kits
- Art supplies (pipe cleaners, stickers, water color paints)
- Journals
- Pens, pencils, coloring supplies
- Plus Plus blocks
- Uno, deck of cards, small games
- Cars or Other toys
- Books- All levels

